

LiquaFiber™

**100%
Natural Fiber
Source!**

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Finally, a liquid fiber that eliminates

- ✓ **Dissolving Problems**
- ✓ **Texture/Grit Problems**
- ✓ **Taste Problems**

Just pour into any beverage or soft food!

LiquaFiber – Simply Transparent!

LiquaFiber poured into your favorite beverages and foods will not alter their original flavors. *Be creative:*

Liquids: Fruit juices • Coffee • Tea • Soda • Liquid supplements • Soups • Gravies • Sauces • Salad dressings

Foods: Yogurt • Applesauce • Oatmeal • Mashed potatoes • Pudding • Gelatin • Batters

Manufactured for and distributed by:

Global Health
Products, Inc.

Global Health Products, Inc.
Rochester, New York 14612
www.globalhp.com or call 1-800-638-2870

LiquaFiber™ is a concentrated source of fiber in a versatile liquid. It's a superior medical food that meets all your fiber needs. LiquaFiber can be added to any of your favorite beverages or foods.

Features:

- Helps maintain healthful regular laxation
- 100% natural fiber source
- Each 1/2 oz. serving offers 5 grams of soluble dietary fiber
- Consume 5 grams of fiber in as little as 2 oz. of your favorite beverage
- Reduces volume intake for fluid restricted patients
- Prebiotic effects for good intestinal health
- Helps maintain healthful glucose levels
- Sugar free • Gluten free • Lactose free
- Low in sodium
- Potassium and phosphorus free

Application:

- Bowel management
- High fiber diets
- Appropriate for tube fed patients—add to water flushes

Easy to use directions:

Serving size 15ml or 1/2 oz. of LiquaFiber into at least 2 oz. of any beverage or soft food (hot or cold)

15ml = 1 TBSP 1/2 oz. = 1 TBSP

Dosage: 13 yrs to adult - 1/2 oz. up to 3 times daily.

Note: Do not exceed more than 5 servings per day.

Storage: Store at room temperature.

Shelf Life: Use within 3 months of opening. No refrigeration required.

Ingredients: Purified water, soluble dietary fiber, glycerin, phosphoric acid, potassium sorbate and sodium benzoate.

Nutrition Facts

Serving Size 0.5 fl. oz. (15ml)
Servings Per Container 32

Amount Per Serving		% Daily Value*	
Calories 24 Calories from Fat 0			
Total Fat	0g		0%
Sodium	15mg	Less than	1%
Total Carbohydrate	6g		2%
Dietary Fiber	5g		20%
Soluble Fiber	5g		
Sugars	0g		
Protein	0g		

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

32 Servings

6 (16 oz.) bottles per case
Product Number #GH 12